
classmates and those friendly floor mates there. I also exchanged my contact information with my roommates.

The most rewarding part of my exchange experience is that I learned a new way to study in university, learned more about American cultures and developed the ability to quickly adapt to a new environment.

Home Sweet Home

After I returned back to CityU, I become more proactive in learning. Instead of just looking at the PowerPoint delivered by professors, I will write down more notes during the lectures. My reading and writing skills have also improved since I read and wrote a lot in UIUC.

Sharing

Exchange study is really a nice and valuable experience to everyone.

Though sometimes, it is not easy to get into the life there, such as high-calorie but not-so-healthy food, irregular lifestyle, embarrassment caused by culture difference or unsafe environment (compared to HK); as long as you can keep a positive and optimistic attitude towards the life there, you will probably find it much more fun.

Overall Rating

After all, I will rate my overall exchange experience 5.
(Top score : 5)



Remarkable Experience in University of Oklahoma

*LI Kaiyan,
BEngIE, Yr-2*

My Blog

I would never regret to join the exchange programme. I had so many 'first time' experiences during this very short period. They include my first NBA game, my first football game, my first self-cooked dish, my first American friend, etc. I have learned a lot about European culture from my three European roommates.

I am going to miss this unforgettable experience for the rest of my life.

Just Arrived...

When I first arrived in Norman, I was jet-lagged and felt very tired that I went to bed at 7 p.m. . When I woke up it was already 11p.m. and I could not fall asleep again. The host university did not have any picking up arrangement so we called a taxi (eight dollars per person) to the residence.

Orientation

The University of Oklahoma provided a lot of orientation activities that lasted for the whole week. There were student helpers that showed us around the campus. There was a party that helped us make friends with American students. There were some games organized for exchange students to let us know each other.

There were about a hundred exchange students from all around the world. At the end of my exchange, I still could not remember everyone's name. What a pity!

My First Class

The most significant difference that I noticed during the class is the way that the professor delivered the lectures. They did not have powerpoint slides and they chose the very old style of delivering notes, that was simply writing on the whiteboard and students took their own notes, which troubled me a LOT.

And professors raised many questions during classes and most of the students answered actively. Whenever they had problems, they

just asked. The professors would answer them at once. Nearly 40% of the class duration was to answer those questions by students

People I Met

I met a lot of people both in class or out of class

The University of Oklahoma had a traditional event named OU cousin. This event aims to get local students with international students together and encourage them to communicate. Every local student can be a cousin of an international student. I had a cousin called Peyton who studied in Political Science. We often gathered together and hanged out.

We also had a host family to help us get involved in local life. They took us to eat or go sightseeing nearby.

Out of Classroom

I spent most of my spare time in the gym center where I could play various kinds of sports there and did exercises. On the Halloween, Thanksgiving and Christmas Day, the university would organize many events to celebrate these holidays.

There are always fraternity and sorority for boys and girls to apply but I was not quite into it. Also, exchange students cannot apply for internship.

Goodbye

It was always sad to say goodbye to many friends I met there. I gave every professor and every friend a small box of Chinese tea as a little souvenir.

The most colorful part of my exchange experience was the football match held every week. The University of Oklahoma was ranked No.1 in the NCAA college football competition. Every Saturday was a crazy day because of the football game. All students went to football stadium to watch the game. Football match was really exciting in every second. You never know what is going to happen in the next few seconds. I was so lucky to have the chance to get into this atmosphere.

Home Sweet Home

After coming back, I started to read textbooks very carefully instead of just glancing through them. I started to write my own

notes.

I am not afraid to talk to strangers now because in the past five months I kept forcing myself to get in touch with different people.

Sharing

In conclusion, what can be learned in exchange experience.

- Oral English
- Communication skill
- Cultural variety
- Surviving skill
- Cooking
- Ability to make friends

Overall Rating

I absolutely rate my overall exchange experience 5.

(Top score : 5)

