
An Enjoyable Exchange in KTH Royal Institute of Technology, Stockholm of Sweden

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Just Arrived

On 1 August 2012, I arrived at the Arlanda Airport in Stockholm. Do you think of a picture with all snow and darkness? No!!!! It was with sunshine and warmness. At seven, when I arrived in the main campus of KTH, I still felt the sunshine.

Orientation

The first orientation was on the first day of my arrival. They provided us with free burger and drinks. Maybe they knew that we were very hungry after our flight and long-time travel.

There was another orientation organized by our department, Information and Communication Technology. I first met my classmates there. After that, we did registration, campus tour and meetings.

My Place

My hall was close to our ICT campus and it was quite convenient to the city centre. I had a shared room with another exchange student from Malaysia.

The room was well-furnished. You can study, cook, bath and sleep in your own room. It was much better than the one in CityU.

We found it safe to stay there without locking our room even during night time.

My First Class

My first class was on the second day after my arrival. It was an elementary Swedish course. Although it was quite exhausting and tough, we enjoyed a lot and have learnt lots of Swedish.

People I Met

I have made a lot of friends from all over the world, such as Singaporean, Taiwanese, Australian, Spanish, German, French, Mexican, and of course Swedish local people. All of them were very nice and have organized lots of activities for us. We still keep

in touch and some of them will come to visit Hong Kong and me this coming summer.



Out of Classroom

We have done lots of traveling inside and outside Sweden. The most unforgettable one was visiting the Old Trafford Stadium in the UK to watch the football game, Manchester United VS Newcastle United. Another tour I enjoyed a lot was the Count-down in Norway. There were not only fireworks, but also the Northern light. It was an amazing day for us.

Money

The more places you visit, the more money you need to spend. Sweden is having one of the highest standard of living in the world. We cooked every day in order to save money.

The unexpected cost I needed to spend was buying a new camera since I had lost it on the train. So remember to take care of all your stuff when traveling.

Goodbye

It was a hard time saying goodbye to your good friends. In Hong Kong, you have lots of friends but you will not share 24 hours with them. However, when you have exchange study, you do. When we woke up every day, we prepared our meals, went to school, traveled, and had fun together. They were the closest people I have ever met. I missed them a lot.

Also, I missed all the places I visited and of course, our host city, Stockholm.



Home Sweet Home

This exchange life has changed me a lot. You need to be well-prepared before traveling. Also, you need to be independent since you were in an unfamiliar place with lots of new faces. You need to solve all the problems by yourself. And finally, my language skills have improved.

Sharing

When I prepared this piece of sharing, I had already finished my exchange life for 2 weeks. At that time, I still frequently reviewed my photos, chatted with my friends met in Europe. I really enjoyed my exchange study and missed it a lot.

It will be one of the greatest experiences in my life.

Though I needed to delay my graduation for one semester in HK due to the exchange, I still found it very much worthwhile.

Overall Rating

5 (the highest in the rating scale)

Student Ambassador Scheme

My Experience on Adventure Camp

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From 2 March 30, 2013 to 3 March 30, 2013, I joined the Adventure Camp organized for EE Student Ambassadors. Although I



I was very tired when I have just finished the camp, it was beyond question that the camp was worth joining and I would like to join it again since I learnt a lot from it. For instance, I learnt how to cook the food by collecting different kinds of firewood when there were only three matches provided. Also, I discovered that plastic bag was a very good tool to keep warm in winter. Actually, I learnt not only the survival skills, but also how to cooperate with others. In the camp, I was one of the group leaders but obviously I was not a good leader at the beginning. My group did not do any planning before we started doing the tasks. Furthermore, I seldom coordinated my group-mates and it caused them hard to do the tasks. Luckily, with guidance from the instructor of this training, I understood the importance of planning. After that, I started leading my group-mates to do same planning and embark on the tasks assigned. Obviously, planning beforehand led to a better result. In fact, both leadership and cooperation skills are important attributes. It is believed that without these qualities, we will be hard to succeed in the future.

Moreover, this camp gave me an opportunity to get rid of worries and stress from the city life, while allowing me to enjoy the nature. Certainly, it also gave me a chance to understand my friends more, especially through the section which was similar to the campfire party. In daily life, we seldom share our worry and experience with others. However, the Adventure Camp just gave us such opportunities.

Finally, I truly hope that there will be one more chance for me to participate in the Adventure Camp in the coming year. I am proud to be one of the EE Student Ambassadors and glad that I joined the Adventure Camp this year.