

# INTERNATIONAL SUMMER SCHOOL PRE-DEPARTURE GUIDE 2019



### IMPORTANT NOTICE

#### Tuberculosis test result

- For the safety of all residents in the dorm, we require you to undertake a tuberculosis test (chest x-ray, skin test or blood test) and submit the results report upon arrival.
- The test should be taken within the 2 months prior to the dorm move-in date.
- Your record of vaccination to tuberculosis is NOT acceptable.
- If you do not submit an acceptable report, you must carry out a test done in Korea.
   (costs 20,000won)
- You can use any documentation provided by your health care provider.
- Please prepare this ready by the time you arrive in Korea so that you can provide proof that you do not have tuberculosis.



### ARRIVAL INFORMATION

#### Passport

Your passport should be valid for at least 6 months past the end date of your study abroad period.

### Things to have ready when you land

When you land at Incheon or Gimpo Airport, you will need to complete some paperwork and submit this at different stations in the airport.

- You may need to submit a health questionnaire depending on where you are flying from.
- You will need to clear immigration with your arrival card completed.
- Then you will collect your luggage and proceed through customs with your completed customs form.
- Proceed to the nearest gate from your baggage claim area.

# Address in Korea for your arrival card

Address: Dankook University, Yonginsi, Gyeonggido, Korea

Phone: 031-8005-2605

### Pick-up service from the airport

On request, Dankook University students will greet you at the airport and guide you to Dankook University (to the on-campus dorm).

Airport	By car/to campus	Pick-up fee
Incheon International Airport (ICN)	Approx. 80 minutes	15,000won
Gimpo International Airport (GMP)	Approx. 60 minutes	10,000won

Please note that pick-up service is only available on the designated arrival dates and only from the two airports.

Program	Designated arrival date
Global Village	June 24
Academic Program	July 13 ~ 14
Korean Immersion Program	July 30

The pick-up schedule and details will be provided via email one week prior to the arrival date. You will need to pay the pick-up fee to ISS team during orientation.

### Students coming directly to the campus

Come to Woongbi Hall (dorm) between 10:00am and 5:00pm on the arrival dates and check-in at the greeting desk in the lobby of the dorm.

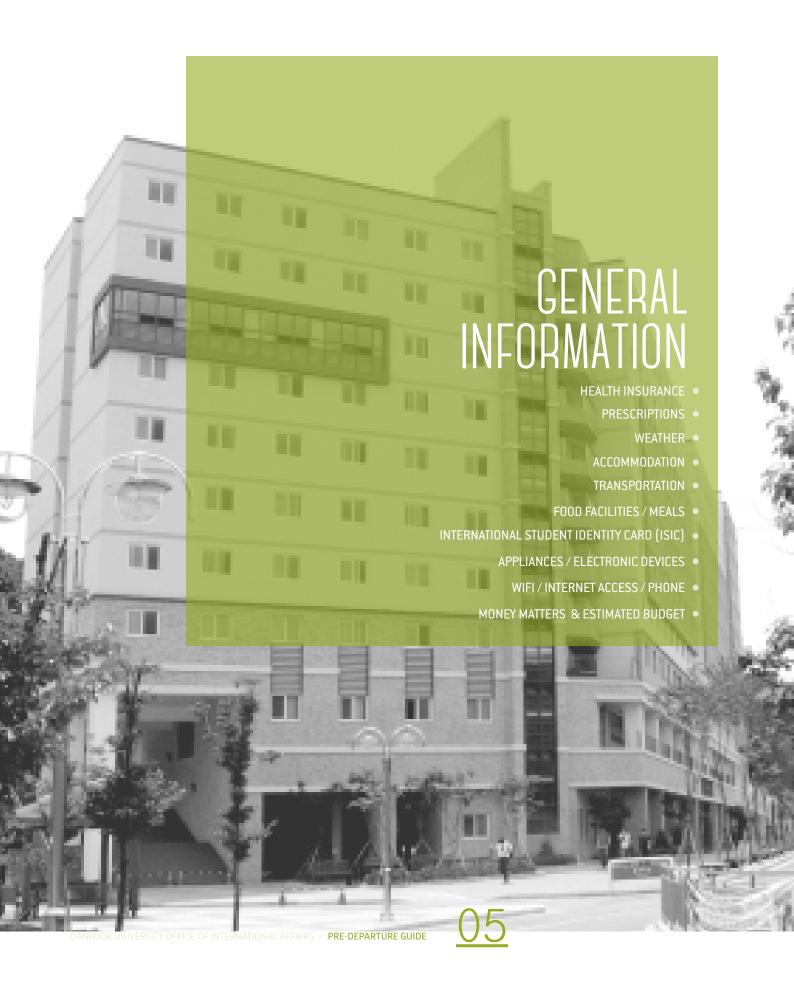


# DANKOOK UNIVERSITY CAMPUSES









#### Health Insurance

Students who have their own health insurance are required to submit proof of health insurance to the ISS Team during the orientation. Insurance should cover the period of their stay in Korea and students should make sure to understand how the health insurance works if any medical problems occur.

Students without health insurance (those who checked the "Please arrange comprehensive insurance for me" option on their application) are required to purchase insurance through the ISS Team during the orientation. Insurance in Korea is priced at less than 100,000won (approximately US\$90.00) - it will vary slightly depending on your duration of stay, your age, etc.

In case of illness, students can go to the Dankook University Health Clinic for immediate care. For further treatment, students can visit hospitals near campus and the ISS Team will assist with translation and other needs.

#### **Prescriptions**

Since it could be hard for you to explain what kind of medical care you need, it would be helpful to have the details of the medicine you might take during the program period beforehand and try to bring enough medication for the duration of your stay.

Though much of the food is very similar, the variation in ingredients might cause problems. We would recommend packing an anti-diarrhea medicine that you're used to in case of a stomach ache.

For those who have allergies or any health problems, the ISS Team will provide you a memo card explaining your condition and needs in Korean and in English so you can carry it with you during your stay in Korea.

#### Weather

Korea is very <u>hot and humid</u> in summer. From the end of June to mid-July, you may experience <u>heavy rains</u> called 'Jang-ma' and sometimes even typhoons. Therefore, you will need an umbrella and other rainy days items. You can bring these from home but you can also buy cheap items near DKU as there are lots of places for shopping.

After Jang-ma, the weather gets better but the temperature goes up from anywhere between 30 and 38 degrees Celsius during the daytime. August is the hottest month and there are occasionally rain showers.





Accommodation All participants will be placed in a double occupancy room of our on-

campus dormitory. Each room is furnished with 2 single beds, bedding, desks, chairs, wardrobes, a telephone, internet connection, and a private bathroom. A variety of facilities are also available for students' convenience such as a coin operated laundry room, restaurant, fitness center, convenience store, etc. You can find some video clips on Youtube about the Dankook University dorm. Students don't need to bring bedding from home. (Western style bed sheets aren't widely used in Korea; however, a Korean style sheet/mat for use on the bed as well as a blanket and pillow are provided to each student.)

Students are required to keep their room and bathroom clean. Cleaning supplies can be purchased from the convenience store at the dorm or at a mart near campus. Small groups of students typically purchase some cleaning products and share them for the duration of the summer.

Each dorm room has an air conditioning unit and a window. The air conditioning turns on during the overnight period when the temperature outside reaches 26°C. There is often a good breeze outside so keeping your window open will help with keeping your room cool.

The dormitory has very strict rules and students should abide by the rules during their stay. Detailed information about the dorm rules will be provided upon arrival. Briefly, the most notable rules are:

- . There is a curfew at midnight. All students should be in the dormitory accommodation towers and be quiet by this time
- The dormitory accommodation towers are designated for different sexes. Students cannot enter the towers designated for the opposite sex. We ask all international students to be respectful of Korean culture and meet their friends of the opposite sex in the lobby/foyer.
- Smoking isn't allowed inside the dorm. There are designated outdoor smoking areas

Please note that students can stay in our dormitory only for the length of the program period.











#### **Transportation**

Students will use buses and subways frequently as it is efficient, clean and very easy to use. Take note, however, public transportation can be very crowded at peak times.

Dankook University will give a T-MONEY CARD as a souvenir upon arrival of campus. All you need to do is CHARGE and USE it!!! A T-money card is a rechargeable card and is the best way to pay for public transit in Seoul, Gyeonggido and the Cheonan area. It can be used on the bus and subway systems, in taxis, and for purchases in designated locations. Using the T-money card will result in a discount on bus and subway fares. It will also allow you to transfer from one bus line to another or from a subway to a bus (or vice versa) at no extra charge as long as you board the next leg within 30 minutes of getting off the bus/subway. By swiping your T-money card on the card readers as you get on and off the subway or bus, and your total fare will be calculated as if you were on one long subway/bus ride. If you pay with cash, you will not get the discount and will need to pay every time you transfer. To charge the T-money card, simply go to a convenience store and give them the card and some money. They will understand what to do and your card will be charged and ready to use.

#### Food Facilities / Meals

The Instagram account 'dku\_food' provides information about restaurants near the school in English

Students are responsible for all their meals. There is a small refrigerator in each dorm room. You can also find cafeterias on campus. Korean style breakfast (rice and soup) costs less than 3,500won. Many cafeterias and restaurants are located on and around campus. There is also a kitchen in the dorm where you can cook for yourself. A restaurant guide will be provided for students upon arrival. Restaurants near campus are generally priced around 5,000~10,000won (approximately US\$4.50 to US\$9.00) and some nice restaurants in Korea cost more than 10,000won.

If you have food allergies, you can ask a member of the ISS Team to write down your allergy in Korean and teach you how to say that you have an allergy. Gluten allergies/sensitivities are very rare in Korea and most people won't know what to watch for if even if you know the "allergy" phrase. A detailed explanation is needed.

# International Student Identity Card (ISIC)

International Student Identify Cards provide you with a secondary form of identification (other than your passport) that is recognized throughout the world and can be used to access student discounts. If you want to have an ISIC, you can get one at Dankook University for 14,000won.



### Appliances / Electronic Devices

The standard voltage in Korea is 220 volts. The outlet has two round holes so a two-pronged style should be used.

Please check your electronic devices whether they can handle not only 110 volt but also 220 volt. Read the labels on your devices and power cords. If yours are not compatible with 220 volt wiring, DO NOT bring them to Korea. However, if you want to use them, you WILL NEED to buy a transformer/power converter.

If your electronic devices cover 220 volt, then you will simply need a plug adapter. Items like laptop computers and chargers are often rated for multi-voltage from 110 to 220. You can find two-pronged multi-voltage travel adapters anywhere these days or you can buy a single-use adapter at Dankook. These are readily available and not expensive. If your plug has three prongs, you may want to try to bring an adapter from home.





#### WIFI / Internet Access / Phone

On campus, a broadband connection with free access to the internet and WIFI is available, so you may wish to bring your own laptop with you. In the dormitory, there's a WIFI router in every room.

There is a phone in each dorm room but it is only used for internal use and cannot be used for calling outside campus. However, incoming calls can be received.

You can find information online about how to get a SIM card to use in Korea. If you bring your smart phone and are thinking to get a plan in Korea, be sure that you get your phone 'unlocked' for international use before you leave home.



### **Estimated Budget**

It is hard to estimate a budget since expenses will vary depending on personal lifestyle. But here are some examples of what things cost:

Public Transportation to Seoul : approx. 2,400won/one way

Restaurant: 3,000~7,000won / 7,000~15,000won

A bottle of water: 1,000won

Starbucks tall size Americano: 4,100won
McDonald's Big Mac set: 6,400won
Bread or buns in a bakery: 2,000~5,000won
(Note: bread is eaten as a treat so they'll be sweet.)

Movie at theater: 9,000won (varies depending on time/date) Admission to a museum, temple, or palace: 3,000won

Laundry (wash and dry): 3,000won

It is possible to eat for about 3,000~5,000won each meal if you want to stick to a cheap budget. There are small 'kimbab' (Korean Maki Roll) restaurants everywhere and most of their food ranges between 2,500won to 5,000won. There is a reasonable amount of variety.

Koreans often eat together with friends. When you eat in a restaurant together, you will order food to share.

For an average restaurant, you may pay 5,000~10,000won per person. If you go to a western style restaurant, you can expect to pay 15,000won or more for an individual meal.



### **Money Matters**

You can exchange some money to Korean cash at the airport upon arrival. Also, there is a bank on campus, so you can exchange money if needed.

We recommend you exchange at least 200,000won at the airport to get started.

Credit cards are widely used in Korea and ATM machines are located at many places. ATM machines will allow you to withdraw local currency at a fair exchange rate, although generally a transaction fee is charged per withdrawal. Be sure to contact your bank or card company prior to departure to let them know that you will be traveling abroad and the countries you are intending to visit. Ask about daily spending limits, rates and fees for international use of your cards. Traveler's checks are not recommended as your primary means of accessing cash abroad.

### Global Village participants

The flight reimbursement will be given on the last day of Global Village and be given in Korean cash according to the exchange rate set by the ISS Team. For the reimbursement process, you need to submit your airfare receipt and itinerary to the ISS Team during the orientation. If you want to change Korean cash into your currency, you can easily do it at a local bank or at a bank on campus.



### WHAT TO PACK

Almost everything you need is available in Korea; however, bring some of your favorite things that you can't do without or know you will miss. Even if they are available here, you might not find them right away and this way you know you'll have a supply. If you

### **some recommendations** • Light summer clothes

- Here are Don't over pack. You want to have room for things to bring home from Korea!

  - One set of clothes that you can wear to a nice event. Choose something that doubles for daily wear.
  - Teaching interns do not need to wear business attire when they teach
  - · A towel and wash cloth
  - Toiletries for the first few days at least
  - Deodorant & feminine care products
  - A camera
  - Shoes for hiking, sports and the beach
  - Swimsuit (and sarong, if you have one)
  - Medication in original containers to last the duration of your stay (plus one week)

### Notes about clothes and products

E-mart is near campus, which is a grocery store and retail store combined, similar to Wal-Mart/Tesco. There are tons of great shopping places near campus and, of course, in downtown Seoul.

It can be difficult, though not impossible, to find clothes larger than a western large so we recommend you bring clothes that will last you the summer if you need a size larger than that. It is good to be mindful that you don't wear clothes that are too revealing of your upper body. Tank tops/vests are fine.

Many western brands of shampoo, conditioner, soap, and cosmetics are available in Korea. Deodorant is available at the shops but the varieties are limited as deodorant isn't widely used in Korea. If you only like a specific brand of a product, we recommend you bring it with you.

You can buy towels near campus but many students like to shower as soon as they arrive after a long journey. We suggest bringing a small towel and buy a larger towel after the first day. This will save you space in your luggage.

Contact lenses are available without a prescription in Korea and glasses are cheap and easy to buy, even on campus.

# USEFUL REFERENCES & CONTACTS

# Website for the Embassy of your country in Korea

Check for any travel notifications and trust that source. Do not rely on the general media for travel reports as they often sensationalize events that occur on the Korean peninsula.

Issues & News on Korea www.korea.net > select language

Official Korea Tourism www.visitkorea.or.kr > select language

Immigration www.hikorea.go.kr > select language

Incheon International Airport www.airport.kr > select language

Gimpo International Airport
<a href="https://www.airport.co.kr">www.airport.co.kr</a> > select language

Seoul Metropolitan Government <a href="http://global.seoul.go.kr">http://global.seoul.go.kr</a> > select language

Official Seoul Tour Guide www.visitseoul.net > select language

Dankook University www.dankook.ac.kr

DKU ISS Instagram
www.instagram.com/global\_dku

#### **Useful Apps**



<u>KakaoTalk</u> is a free mobile instant messag application for smartphones with free text and free voice/video calls as long as you have an internet connection. Every smartphone user has this app in Korea.

We recommend that you install the app and creat an account before you come to Korea because you need to authenticate with your mobile phone number when you create your Kakao Talk account.





<u>Naver Map</u> and <u>Kakao Map</u> are map apps that can be useful when searching for directions in Korea.



### CONTACTS

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