

My exchange study at Politecnico di Milano was an enriching experience that expanded my academic, cultural, and personal horizons. As a vegan and a Christian, I found Italy to be a land of new opportunities, friendships, and spiritual growth.

One of the most delightful surprises was discovering a vibrant vegan community in Milan. I met many like-minded individuals from different parts of the world, each with unique stories and experiences. We shared recipes, dining experiences, and our passion for a cruelty-free lifestyle. These friendships extended to various European countries I visited during my exchange, from the hearty vegan dishes in Germany to the delicate plant-based pastries in France.

A particularly memorable experience was cooking a vegan pizza with my buddy from Politecnico di Milano. We spent an evening at her house, experimenting with various toppings and vegan cheese. The result was a delicious pizza that tasted even better because it was a product of our shared effort and creativity. This culinary adventure deepened our friendship and reinforced my belief that veganism can be both fun and inclusive.

Politecnico di Milano offered a rigorous academic environment that challenged me to push my boundaries. I enrolled in several courses related to my major, taught by some of the most knowledgeable and passionate professors I have ever met. The curriculum was demanding but incredibly rewarding. I gained new perspectives on my field of study and developed skills that will be invaluable in my future career.

One of the standout courses was a project-based class where we worked in teams to solve real-world problems. This collaborative approach taught me the importance of teamwork, communication, and practical application of theoretical knowledge. It was fascinating to see how students from different cultural and academic backgrounds approached problem-solving, and I learned a great deal from my peers.

Being a Christian in Italy added another layer of richness to my experience. I found a welcoming church community where I could worship and fellowship with other believers. The services, often held in beautiful historic churches, were profoundly moving. The blend of Italian culture and Christian faith created a unique worship experience that deepened my spiritual life.

I was also involved in a student Christian fellowship group at Politecnico di Milano. We met regularly for Bible studies, prayer, and discussions about how to live out our faith in an academic environment. This group became a source of support and encouragement, helping me to stay grounded in my faith amidst the challenges of studying abroad.

My exchange program also allowed me to explore many other European countries. Each trip was an adventure filled with new sights, cultures, and vegan culinary discoveries. From the picturesque canals of Amsterdam to the historic streets of Prague, every destination offered something unique. Traveling through Europe broadened my perspective and gave me a deeper appreciation for the continent's diversity.

In conclusion, my exchange study at Politecnico di Milano was a transformative experience. It provided me with academic growth, deepened my vegan lifestyle, enriched my spiritual life, and allowed me to forge lasting friendships. The memories I made and the lessons I learned will stay with me for a lifetime. This journey was not just about education; it was about growing as an individual and understanding the world in a more profound way. I am grateful for every moment and look forward to applying all that I have learned in my future endeavors.